



DOGGY COOKBOOK -1



Issue 5

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What recipes will be covered in this e-book?

- 5 Frozen treats for the Summer
- 5 Kong Recipes
- 1 Gelatinous Bites (Joint Care Special)
- 1 Bone Broths
- 2 Dehydrated Chews and Jerky

(If you can't make dehydrated chews and jerkies please order the from our best paw parents list)





Recipe- ABC Paws

Ingredients-

Apples- 2

Banana-2

Ground Cinnamon- 1 pinch

Raw Honey- ½ Teaspoon (Optional)

Procedure-

Blend all the ingredients and pour the mixture into silicone moulds or icecube trays.

After freezing, Its ready for your pupper!

Recipe- Berry Yums

Ingredients-

Raw Goat Milk

Blueberry, Raspberry, Cranberry, Strawberry, Gojiberry
(any 2 or as per availability) or

Berry Mix Powder from www.magicpawSCO.in

Almond or Peanut Butter (Xylitol Free)

Raw Honey- ½ Teaspoon (Optional)

Procedure-

Blend all the ingredients and pour the mixture into
silicone moulds or icecube trays.



Recipe- Minty Melon Crush

Ingredients-

- Chopped Watermelon
- Mint leaves
- Crushed Ice

Procedure-

- Grind the watermelon and strain to remove all the seeds.
- Add chopped mint leaves to the mixture
- Pour the mixture on crushed ice and freeze!

Minty Melon Crush ready to serve

Recipe- Golden Pup-sicle

Ingredients-

2 cups Raw Goat
Milk or Coconut
Milk

1 teaspoon turmeric,
coconut oil, ginger,
ground black pepper,
and Honey

½ teaspoon ground
cinnamon

Procedure-

Heat the milk and simmer
for 5-6 mins, add in the
seasonings.

Remove from the heat and
add honey.

Let it cool, Pour the
mixture into silicone
moulds and freeze





Recipe-Pupkin Pup-sicle

Ingredients-

- 3- 4 Cups of Pumpkin Puree
- 1 Cup Yogurt
- ½ teaspoon ground cinnamon

Procedure-

- Blend the pumpkin puree with yogurt
- Add cinnamon and mix well
- Pour the mixture into silicone moulds and freeze



Recipe- Quacky Drool

Ingredients-

- 1 Duck Head
- Duck Chunks
- Yogurt or Kefir

Procedure-

- Use the duck chunks as the bottom layer
- Yogurt or Kefir as the middle layer
- Duck head as a topper
- And Freeze, Let your pupper start working

Incase your dog is allergic to Duck- Chicken, Quail, Turkey, Guinea Fowl can be used





Recipe- Goopy Goodness

Ingredients-

Chopped Liver

Crushed Dog Cookies

Curd

Procedure-

Use the Crushed Dog Cookies as the bottom layer

Yogurt or Kefir as the middle layer

Chopped Liver as a topper

Freeze, and Serve!



It may be a little YUCK for you! But for your pupper its YUM!

Recipe- Fruity Buttery Delicious



Ingredients-

Berries (Raspberry, Cranberry, Blueberry, Blackberry, Strawberry) (any 1)

Peanut Butter (Xylitol Free)

Veggie Mash

Procedure-

Use the Peanut Butter as the Bottom Layer

Veggie Mash as the middle layer

Berries as the topping

Freeze, and Serve!





Recipe- Pumpken (Pumpkin + Chicken)

Ingredients-

Pumpkin Puree

Shredded chicken or Raw Bone-in chicken

Procedure-

Use the Shredded chicken as the Bottom Layer

Pumpkin Puree as the middle layer

Top it up with some shredded chicken or feed as it is
Freeze, and Serve!





Recipe- Meaty Meaty KONG

Ingredients-

- Chicken / Duck / Turkey Neck
- Peanut Butter (Xylitol Free)
- Dehydrated or Raw Meat Chunks
- Goat Milk / Curd / Kefir (Optional)

Procedure-

- Use the Peanut Butter as the Bottom Layer
- Meat chunks and (Goat Milk) as the middle layer
- Top it up with the Neck
- Freeze, and Serve!



Recipe- Gelatinous Bites

Ingredients-

500 grams Marrow Bones
10 Chicken Feet
500 grams Red Meat
Ginger- 2 inch
Garlic- 2 pods
Cinnamon powder- 2
pinches
500 ml Water

Procedure-

Add the bones, feet and meat into a cooker for 20 minutes without pressure on low flame. Add in the spices and cook for another 20 minutes. Discard the bones or Save it for Bone Broth. Let it set in the fridge overnight. Transfer the contents to silicone moulds for easy feeding.





Recipe- Bone Broth

Ingredients-

1 KG Marrow Bones / Shanks
/ Trotters / Feet
Turmeric
Ginger- 2 inch
Herbs (Optional)
Vegetables (Optional)
4 TBSP Apple Cider Vinegar

Herbs which can be used -
Thyme, Oregano, Parsley,
Basil, Rosemary
(Avoid rosemary if your is
prone to seizures or is
epileptic)

Vegetables- Carrot, Beans,
Broccoli, Pumpkin etc.



Recipe- Bone Broth

Procedure-

1. Add the bones, apple cider vinegar in the cooker and submerge the same with water.
2. Cook on high flame for first 30 mins and then set to low flame for 3 hours.
3. Keep checking on the broth, as soon as the water level goes down, replenish it with water.
4. Cover it again and cook on LOW for another 3 to 5 hours.
5. It would be ideal to cook the bone broth for atleast 6 hours to release all the nutrients from the bones.
6. After cooking, separate the bones and discard it.
7. Pour the broth and let it set in the fridge overnight.
8. You can pour the broth into silicone moulds for easier feeding.



Recipe- Bone Broth

1. Bone Broth is a rich source of glucosamine, chondroitin, gelatin and collagen.
2. It helps to improve immunity, beneficial in digestion, restores and helps in gut lining, prevent leaky gut, detoxifies liver.

CAUTION:

If your is on medicines, has tick fever or any blood thinners please refrain from adding ginger.

Recipe- Chicken Jerky

Ingredients-

Sliced Chicken Breast
Chopped Parsley
Raw Egg

Procedure-

1. Clean the chicken thoroughly
2. Mix chopped parsley and Egg and marinate for 10 mins.
3. Preheat the oven to 275.
4. Place the chicken breasts in a tray.
5. Set the oven to 160 and set timer to 2 hours.
6. Dehydrated Chicken Jerky is Ready!!



Recipe- Lamb Crunchies

Ingredients-

Lamb Slices
Oregano

Procedure-

1. Cut the lamb pieces as required.
2. Preheat the oven to 275 for an hour.
3. Place the meat on the tray.
4. Dehydrate for 1 hour and Reduce to 160 for 4 hours.
5. Transfer the crunches to an airtight container and Store!





The Best Stores for Dehydrated Stuff and Treats!

1. *Canine India*
2. *Pookies for Pets*
3. *Hailey's Brew*
4. *Happy Barkers*
5. *Treat-o-nation*
6. *Zomax Barkery*
7. *Canine Craving*
8. *Woofs and Wags*

NOTE:

I have used all the products from these brands.

This List is curated after hearing really good reviews about these brands and trying them personally!

Please contact the respective brand on Instagram for their individual menu.



CAUTION:

The ingredients and recipes in this cookbook are common ones and some dogs can be allergic to certain stuff like chicken or grains. Please prepare the treats, pup-sicles, under your own discretion.



Thank You

Hope this helps you with your dog!!

**Switch to Freshfood and see the difference
Help your dog to thrive; not survive!**

*If you haven't gone through our other e-books,
Please do and Let me know the feedback
Click here to read:*

www.linktr.ee/kaninenutrition

